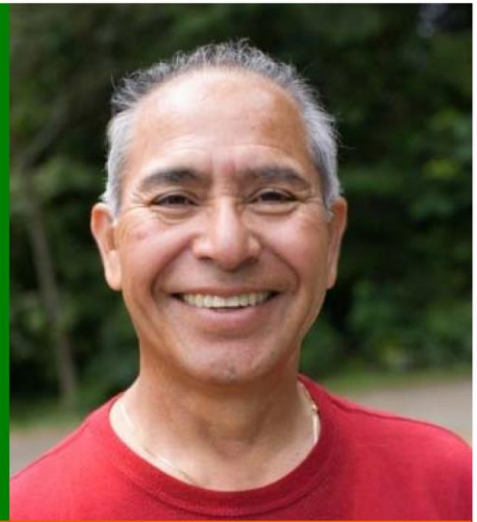




Put Life Back in Your Life



I was tired. I hurt all the time. It felt like my health problems were telling me what I could and couldn't do.

LiveWell With Chronic Conditions workshops put me back in charge. Now I have the energy to do the things that matter.

I've put life back in my life!

**Sign up now
for a LiveWell
With Chronic
Conditions
Workshop!**

<p>FALL Moose Jaw Public Library 461 Langdon Cres, MJ</p>	<p>Monday evenings (Tuesday evening on Thanksgiving week) 6:30 pm - 9:00 pm</p>	<p>Sept 11 – Oct 16, 2017</p>
<p>FALL Town n' Country Mall (Sears Wing) 1235 Main Street N. MJ</p>	<p>Thursday afternoons 1:00 pm - 3:30 pm</p>	<p>Sept 28 - Nov 2, 2017</p>
<p>WINTER Minto United Church 1036 – 7th N.W. MJ</p>	<p>Wednesday afternoons 1:00 pm - 3:30 pm</p>	<p>Jan 17 – Feb 21, 2018</p>
<p>SPRING Moose Jaw Alliance Church 14 Neslia Place, MJ</p>	<p>Tuesday afternoons 1:00 pm – 3:30 pm</p>	<p>April 10 - May 15, 2018</p>
<p>SPRING Location to be announced</p>	<p>Thursday evenings 6:00 pm - 8:30 pm</p>	<p>April 26 – May 31, 2018</p>

For more information, or to register for a workshop, please call 306.694.0230