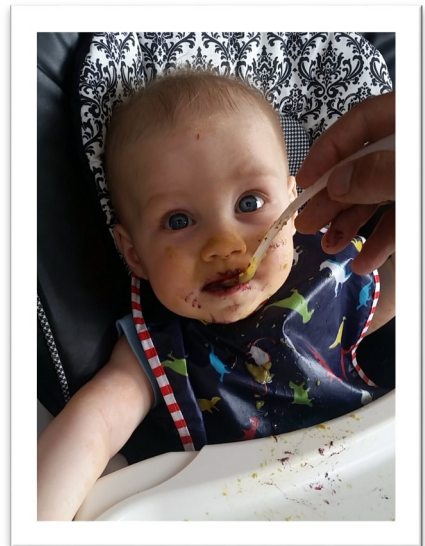


Feeding Baby Family Foods

Tips for parents and caregivers



What will we talk about?

- A healthy feeding relationship
- Signs baby is ready
- How and what to offer
- Protecting baby while feeding

When?

Thursday, June 21, 2018
10:00-11:30 a.m.

Where?

Basement of 133 5th Ave East
The Cultural Centre
Gravelbourg, SK

**This is a free event and
childcare will be provided.**

To register, please:

- Phone Gravelbourg Public Health at 306-648-1400, or
- Text 306-650-7705, or
- Email tina.heinrichs@saskhealthauthority.ca

Presented By:
Melanie Warken, Registered Dietitian
Public Health Nutritionist
Public Health, Moose Jaw & Area