

Put Life Back in Your Life



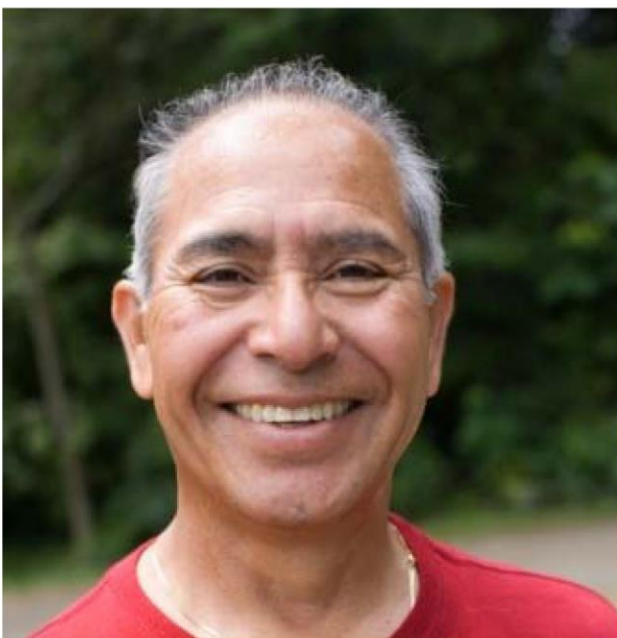
Put Life Back Into Your Life.

Consider a
With Chronic Conditions Workshop.

I was tired. I hurt all the time. It felt like my health problems were telling me what I could and couldn't do.

LiveWell With Chronic Conditions workshops put me back in charge. Now I have the energy to do the things that matter.

I've put life back in my life!



Sign up now for a
LiveWell Workshop!

WEDNESDAY AFTERNOONS

Feb 14 to Mar 21, 2018

Assiniboia & District Public Library

Program Room

201 – 3rd Avenue W

Assiniboia

1:00 – 3:30 p.m.

For more information or to register for a
class, please call 306-694-0230