

# Alzheimer Society

S A S K A T C H E W A N

Learn More **Live Well**

## Heads Up for Healthier Brains

### Your Good Friends Are One of Your Brain's Best Friends: The role of social and community engagement in brain health

Speaker: Rebecca Genoe, PhD

Rebecca is an Associate Professor in the Faculty of Kinesiology and Health Studies at the University of Regina. Rebecca teaches in the Therapeutic Recreation degree program. Rebecca's research program focuses on leisure and aging, including topics such as leisure and memory loss, friendship and memory loss, leisure and chronic conditions, and leisure and retirement.

**Wednesday, March 14, 2018 from 7-9 p.m.**  
**Delivered via Telehealth**



#### **REGISTRATION IS REQUIRED**

**Please call 1-800-263-3367 or 306-683-6332 (in Saskatoon)  
or register online at [www.alzheimer.ca/sk](http://www.alzheimer.ca/sk) on our Events page.**



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