



Kidney Health Information Session



In celebration of 'World Kidney Day', you are welcome to join us for an information session about kidney health.

DATE: Wednesday, March 22, 2017

TIME: 7:00 pm to 8:00 pm

LOCATION: Five Hills Health Region Telehealth Sites
Moose Jaw, Assiniboia, Gravelbourg, Rockglen,
Craig & Central Butte

TOPIC: **HEALTHY BODY WEIGHT—HEALTHY KIDNEYS**
March 9 is World Kidney Day and the theme is obesity and kidney disease. Learn how body weight can affect your kidneys and how to prevent getting chronic kidney disease.

PRESENTER: Carmen Berglund, Registered Nurse
Leah Yisak, U of S College of Nursing
Kidney Health Community Program, St. Paul's Hospital

To register, please contact
Lisa Taylor, Regional Telehealth Manager
306-691-2635 / ltaylor@fhhr.ca

Registration Deadline: March 17



For more information contact the Kidney Health Community Program:

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Crystal Gharini, Health Educator, 306-655-5417, crystal.gharini@saskatoonhealthregion.ca

