

Raising a Healthy Happy Eater

Tips for parents and caregivers of young children



- Do you have a child who is a 'picky eater'?
- Are there often battles with what and how much your child should eat?
- Do you cook different foods just so your child will eat?

If so, please join us to learn strategies! **To register, call Moose Jaw Public Health at 306-691-1553.**

This is a free event.

When?

Wednesday, April 18, 2018
6:30-8:30 p.m.

Where?

Dr. F.H. Wigmore Regional Hospital
Katherine Klassen Education
Centre, Room A
Moose Jaw

or

one of the following telehealth sites at Assiniboia, Central Butte, Craik, Gravelbourg, Rockglen

Presented By:
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Community Health Services, Moose Jaw & Area