

Raising a Healthy Happy Eater

Tips for parents and caregivers of young children

- Do you have a child who is a 'picky eater'?
- Are there often battles with what and how much your child should eat?
- Do you cook different foods just so your child will eat?

If so, please **drop-in** to learn some strategies! This is a **free** event!

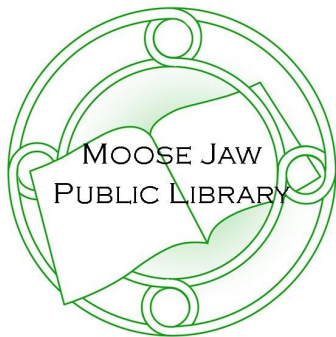


When?

Thursday, October 25, 2018
6:30-8:30 p.m.

Where?

Moose Jaw Public Library
461 Langdon Crescent, Moose Jaw
South Meeting Room, 2nd floor



Presented By:
Amy Cruz, Social Worker & Melanie Warken, Dietitian
Community Health Services, Moose Jaw & Area