



FHHR LABORATORY SPECIMEN COLLECTION

FERTILITY TESTING - SEMEN ANALYSIS

Instructions for Specimen Collection

Materials provided:

- Sterile container (Obtain from your physician office or a laboratory site)

Fertility Testing – Semen Analysis Requirements:

1. Physician completed test request form (e.g. FHHR General Requisition S334).
2. Sterile specimen container (for collecting sample prior to appointment).
3. Make an appointment for specimen testing by phoning the laboratory at 306-694-8700. Appointments are available on Mondays or Tuesday, 8 a.m. – 12 noon (*alternate days/times may be arranged, if necessary*). The test will **not** be performed without an appointment. Appointment date/time: _____.
4. Patient is to report to Outpatient Laboratory at Dr. F. H. Wigmore Regional Hospital.
5. Test must be completed within one hour of collection; therefore, specimens should be collected on site when transport time will exceed 30 minutes (i.e. patient lives out of town).

Preparation for Semen Collection:

1. Abstain from ejaculation for 2-7 days prior to the appointment date.
2. Collect complete ejaculate by masturbation into provided sterile container (Do not use a condom or lubricant.)
3. Ensure the container is labeled legibly with full name, date of birth, Saskatchewan health number, and date and time of collection.
4. Protect the specimen from changes in temperature (from body temperature) during transport to the laboratory (i.e. keep cool in the summer, warm in the winter).
5. On arrival at the Outpatient Laboratory at Dr. F. H. Wigmore Regional Hospital, pick up a SAMPLE DROP OFF card, and relay to the next available laboratory staff member that you have an appointment.
6. The laboratory staff will escort you to a collection room, register you and ask a few questions to ensure the specimen is suitable for testing.
7. Examination results will be reported to the requesting physician.

Reference:

WHO laboratory manual for the examination of human semen and sperm-cervical mucus interaction, 1999, 4th Ed., Cambridge University Press, Cambridge, UK.