



Composting

Composting is the process of recycling materials such as leaves and vegetable scraps into a healthy soil.



Why Compost?

- ✓ Teaches children to reduce landfill waste
- ✓ Reduces household and school waste
- ✓ Turns waste into a healthy boost for school, home or community garden soil
- ✓ Can be used to teach a variety of school subjects

Put in

Keep out

- | | |
|------------------------------|--------------------------|
| ✓ Egg Shells | ✗ Meat |
| ✓ Vegetable and fruit scraps | ✗ Fish |
| ✓ Tea bags | ✗ Cooked food |
| ✓ Coffee grounds | ✗ Bones |
| ✓ Paper towel | ✗ Dairy products |
| ✓ Bread | ✗ Pasta |
| ✓ Grass clippings | ✗ Sweets and salty foods |
| ✓ Leaves | ✗ Weeds with set seeds |
| ✓ Plant trimmings | |

Composting in 5 simple steps:

1. Make or buy a bin
2. Throw in compostable items
3. Add water as needed
4. Add air to the mix – poke or turn with a pitch fork
5. Wait until it turns to soil and add to the garden! (Usually takes about 6 months)